



Finding her way back

At 15, Leah's world had shrunk to the four walls of her home. Anxiety had taken hold so powerfully that school felt impossible.

Weeks turned into months without attendance.

Her confidence was disappearing and a positive future felt increasingly out of reach.

When she arrived at Fresh Futures, even an hour felt overwhelming. So that's where we started.

In a calm, supportive space, staff worked gently, building trust before expectations.

They stayed consistent. They listened. They made her feel safe again. Every small step mattered: one hour, one lesson, one conversation. Leah's efforts and commitments were recognised as being significant to her personal journey.

Slowly, something began to shift.

Leah started attending regularly. She began learning again. She smiled more. She spoke up. She tried.

Today, she's in college several mornings a week and even sometimes manages a full day, something that seemed impossible to her before she joined Brian Jackson College. She's building friendships, rediscovering her abilities, and starting to believe in herself again.

Leah's feeling towards school have increased positively and her confidence in learning by 20%